

**FOR YOUR CONSIDERATION**

Please arrive a few minutes before your service, so you can have a moment to discuss your treatment with your therapist. We prefer for all hotel guest payments to be charged back to your hotel room and simply settled at check-out, however, we do also accept credit card payments for both services and gratuities.

We have a 24hr cancellation policy, so please contact us by calling the Concierge at 631.725.2100 (or 0 from your room) as soon as possible with any changes that may affect your booking.

Treatments are available in the Wellness Center or in-room. In-room treatments add \$15 to service.

Hours of Operation: 8am–8pm

To reserve an appointment please contact the Concierge at 631.725.2100





Treat yourself to a rejuvenating treatment at Baron's Cove. We offer therapeutic massages including Swedish, Deep Tissue, Herbal Compress, and Reflexology and our signature non-clinical Essential Hydration Facial.

Treatments can be arranged in-room and we also offer group rates for bridal showers and events.

Our therapist and practitioners are licensed and insured as required by the State of New York.

#### SMOOTHING SAILING MASSAGE

For those of you looking to get yourself back on an even keel, reset your sail with our soothing combination of traditional massage modalities designed to reduce stress and stimulate circulation.

\$140 / 60m

\$185 / 90m

#### DEEP DIVING MASSAGE

Batten down those hatches with our deep tissue massage, which incorporates slower movements and detailed pressure to relieve your tension and help you feel sound and seaworthy once again.

\$155 / 60m

\$200 / 90m

#### HERBAL COMPRESS MASSAGE

Herbal compresses filled with a blend of wild-crafted botanicals are heated and pressed onto your skin throughout your hands-on massage. The combination of muscle-melting heat and the healing benefits of the herbs makes for a wonderfully relaxing, exotic experience.

\$170 / 60m

\$215 / 90m \*In-Spa Only

\*This service is not recommended for pregnant women.

#### EXTREME PLEASURES FOR HANDS\* & FEET

After a refreshing hand and/or foot scrub to soften the hearts of your palms or the soles of your feet, our practitioner digs deep into your extremities, using reflexology techniques to help re-center your entire system

Hands Only \$70 / 25m \*Available as an add-on service only

Feet Only \$95 / 40m

Both \$140 / 60m

#### ESSENTIAL HYDRATION FACIAL

Using seaweed- and plant-based products, we help to bring out a healthy glow to your skin, naturally. Perfect for all skin types, our gentle, nonclinical skin care techniques cleanse and nourish!

\$145 / 60m \*In-Spa Only